

# | Avoidant Eating Workshop

## Who is this workshop for?

This workshop is for parents of children up to age 13 years who find mealtimes stressful and who have a restricted diet, or if you have concerns about your child's eating.

## When will this workshop take place?

Date: Tuesday April 14th

When: 10am to 12pm at St. Gabriel's Foundation, Dooradoyle  
or  
7pm to 9pm at St. Gabriel's Foundation, Dooradoyle.



## How do I book in?

Please email  
[sodwyer@stgabriels.ie](mailto:sodwyer@stgabriels.ie) with  
your preferred time slot by  
Thursday 2<sup>nd</sup> of April.

Places are offered on a first  
come first served basis.

