

QUARTER TWO 2025

SOUTH CITY, CDNT

NEWSLETTER



Managers Message



Hello,

We are delighted to be sending out the second South City Children's Disability Network Team (CDNT) Newsletter. We hope you find the information helpful.

We are aiming to send out two more newsletters before the end of 2025. If you have any feedback, please do not hesitate to contact us.

Aideen Shinnars

Aideen Shinnars,
St. Gabriel's Foundation South City,
Children's Disability Network Team

● Join Our Next Family Forum

Please join us on **Monday 29th September** for our next **Family Forum**. Invites will be sent via text message and will confirm location & time.

A *Parent Representative* is a parent or family member who volunteers to represent the views, concerns, and ideas of other families who use CDNT services. They take part in Family Forums and work in partnership with the team to help improve services.

Your parent reps for South City are *Aisling Hurley & Paula Quinn*.

● Inclusive Sports Camps

Limerick Sports Partnership are running various summer camps for children aged 5-14 years, details of which can be found using the following QR code:



There are now resources and links to information and supports available on our website. Take a look at:



086-1081813



Unit 11 Ashdown Centre, Ashbourne Ave,
South Circular Road, Limerick



Southcity@stgabriels.com

Meet our Speech and Language Therapists (SLT's)

We have one full-time and 2 part-time SLT's on the team, Siobhan, Claire and Nicole. We offer assessment, treatment & support for children who have difficulties with communication and/or feeding, eating, drinking and swallowing.

You'll often find us working closely with colleagues/parents in either one to one or group settings. We work across a range of environments including home, school & clinic settings. This helps us support each child or young persons development by working with the people who know them best and who are part of their everyday life.



Helping my child to talk: Follow Their Lead



● Upcoming Events

Invitations to these events are based on the goals in your child or family's IFSP and current waiting lists.

If you think an event might be a good fit and it is not already on your plan, feel free to get in touch with the team – we'd be happy to chat with you about it.

July

Transition to Secondary School (Young Person Session)

Activities of Daily Living Workshop

Introduction to Weightlifting

August

Get Going, Get Rowing!

Splash Hydrotherapy Group (Children and young people with an intellectual disability)

Sept

Hanen More than Words

Family Forum

Good News!

We're delighted to share that the National Disability Office has awarded 5 new development posts to the South City Team!

This is fantastic news and will help us grow our clinical services and support the children, young people and families with our team. The roles will be advertised soon on www.stgabriels.ie.

Neurodivergent refers to people whose brains work differently from what is considered typical.

This includes autism, ADHD, and dyslexia and reflects natural differences in how we think, learn, and process information!

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