

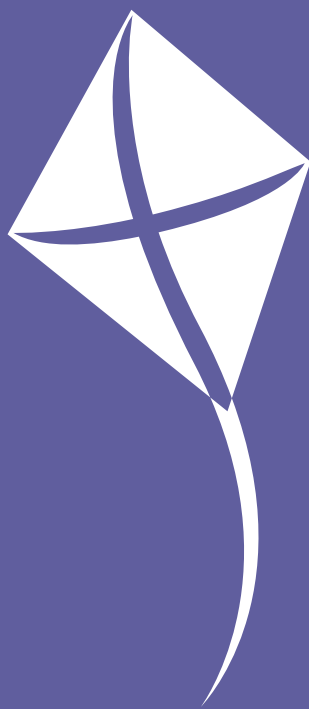


St. Gabriel's Foundation

*Helping people with disabilities
realise their full potential*



Annual Report 2023



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Message from the Chairperson and CEO

On behalf of the Board of St. Gabriel's we are pleased to present the 2023 Annual Report and Financial Statements.

2023 was an exciting year for St. Gabriel's. A lot of positive things happened which will form the foundation for the future of the organisation.

A permanent base was secured for the South City Team. The Old Southill Primary School will be redeveloped and will be transformative not only for the children and families we are working with but also to the area itself. Having a base located within an area of regeneration will help families who may have additional challenges to attend appointments. Early interventions cannot be underestimated and are proven to have better outcomes. The nature and location of this building will be life-changing for so many of the families we are working with.

St. Gabriel's embarked on a new project with the University of Limerick. This is a pilot project that sees students from the Allied Health Alliances of Occupational Therapy, Speech and Language Therapy and Physiotherapy undergo placements under clinical supervision in local DEIS schools. This is a win-win for all parties as university students receive supervision and children in these areas who are on waiting lists can receive support in the classroom. It is hoped that once this programme is rolled out that additional funding will be secured to operate it on a long-term basis. It is an innovative solution to a long-term problem caused by long waiting lists which are a direct result of an underfunded disability system.

St. Gabriel's was delighted to be shortlisted and to win two national awards at the Irish Healthcare Awards that were held in Dublin. St. Gabriel's Children's Respite House won two awards. It was a proud moment to acknowledge the huge effort that went into making the Children's Respite a reality for families who were in dire need of the service. We are so grateful to our donors and funders that it exists and we know that it has been a life-line for parents.

Even in 2023, our social enterprises were still reeling from the effects of the pandemic and it took a huge amount of time to rectify the impact that the pandemic had on the revenue generation of both services. Thankfully after significant revaluation and focus both the Hydrotherapy Pool and Orthotics Clinic are on a solid footing to restore demand to full operating capacity and return revenue to exceed pre-pandemic levels. Just recently, the Orthotics Clinic benefitted from funding from Rethink Ireland, which will go a long way towards implementing this plan.

St. Gabriel's wish to acknowledge the support in the form of government grants we received during the year which funded various therapy programmes and other initiatives. This additional government support has been critical to our sector during the year because we operate at a deficit.

To offset the shortfall, we rely on the local individual, business and community groups to fundraise on our behalf. We are especially grateful to everyone for the wonderful support we received throughout 2023 and would like to acknowledge and thank all our donors and volunteers who continue to amaze us with their energy and enthusiasm for creating funding opportunities to help support the work of St. Gabriel's.

As stewards of public funding and donations St. Gabriel's is cognisant of the need for effective governance. The Board of Directors of St. Gabriel's work to the standards as set out by the National Governance Code, the Charity Regulator and strive for an effective and efficiently run organisation. St. Gabriel's received the Triple Lock Certificate from the Charities institute of Ireland and we are very proud of that.

Our Board of Directors give their time voluntarily and serve in the best interests of all who receive services from St. Gabriel's. We would like to thank our Board subcommittees for their input in guiding and directing our

strategy and decision-making processes. We are so very grateful for the huge commitment and knowledge they bring to the table.

The Board of Directors also serve as the Patron body for St. Gabriel's School.

St. Gabriel's is a progressive organisation and has been working with various local and national stakeholder groups in order to ensure we are getting the best possible opportunities for the families we are working with. It has been heartening to receive such support from so many

organisations. St. Gabriel's intends to further foster all these relationships during the year and build on the solid foundations that already exist within the organisation.

St. Gabriel's is a truly special place. A place that is steeped in family. That is ultimately what St. Gabriel's is all about - working with all our children, our families and our stakeholders to ensure that our ethos permeates through it.

We look forward to what the new year brings and we count our blessings for the year gone by.



Richard Leonard
Chairperson



Treasa McAuliffe
CEO

Building the Foundation 1961- 2023



1961

Limerick Handicapped Children's Committee was founded.



1978

St. Gabriel's School recognised by the Dept of Education & Skills.



2003 & 2005

St. Gabriel's Treehouse Early Intervention and School Age Teams.



2018

St. Gabriel's Children's Respite House



2009

St. Gabriel's Hydrotherapy Pool



2008

St. Gabriel's Orthotic Services



2019

Funding received from the HSE towards the appointment of Children's Respite House nurse manager and specialist equipment.



2020

Minister Anne Rabbitte T.D., Minister for Disability visited St. Gabriel's Children's Respite House in October. The Minister committed funding to enable this much needed service to open in 2021.



2021

St. Gabriel's Children's Respite House is officially opened by Minister of State, Anne Rabbitte TD. The first overnight guests were welcomed in June 2021.



2023

St. Gabriel's acquires Old Primary School Building in Southill and starts the process of developing it into the long-term base for the South City Team.



2022

St. Gabriel's Respite House begins fundraising for a Sensory Garden.



2022

St. Gabriel's is appointed as Lead Agency for a Second Children's Disability Network Team.

The Story of St. Gabriel's

St. Gabriel's was founded in 1961. It is a not-for-profit organisation and registered charity governed by a voluntary Board of Directors. St. Gabriel's Foundation Headquarters is located in Dooradoyle, Limerick hosting a number of different services. In 2022, St. Gabriel's became Lead Agency for a second Children's Disability Network Team – South City. In 2023, St. Gabriel's acquired the Old Primary School in Southill and will redevelop it as a permanent base for the South City Team.

Treehouse Children's Disability Network Team (CDNT) provides a range of specialist services and therapeutic programmes to children with disabilities in the Midwest. During the pandemic the teams supported families by staying connected through the use of technology and our therapists continued to deliver essential services and programmes to families.

South City Children's Disability Network Team (CDNT) In January 2022, St. Gabriel's was appointed Lead Agency for this second Children's Disability Network Team – South City. Under Team Manager Aideen Shinnars, South City began building the team in the city centre. Experienced therapists and support staff were recruited. The team were very keen to meet with their new families and worked tirelessly to ensure all were having their care needs met. By the end of 2023, 432 children were supported by the South City Team.

In addition to the increase in clients attending both teams, the catchment area for services changed in 2021 and St. Gabriel's are now providing services to families closer to the Limerick/Cork border. St. Gabriel's opened an outreach service for families living close to the Cork border so they do not have to make long journeys for appointments. This has been welcomed by families, and we are delighted to be in a position to facilitate this need.

St. Gabriel's School is a special school for children 4-18 years of age with physical and multiple disabilities. A dedicated nursing department is adjacent to the school.

Our other community-based services include a purpose-built **Hydrotherapy Pool** for therapy and rehabilitation purposes. A nominal fee is charged to clients to cover running costs on the pool. The Hydrotherapy Pool is also open to members of the public and various community groups. The Hydrotherapy Pool was built with funding received from the JP McManus Golf Pro Am, donations and proceeds raised from a range of community fundraising events over many years.

A specialist **Orthotics Clinic** provides orthotic devices to clients. For public clinics, a referral from a consultant or health care professional is required to access this service. For private clinics, clients can contact the Clinic directly or can also get a referral from their GP or healthcare professional.

Both the Hydrotherapy Pool and Orthotics Clinic operate as **social enterprises**. This means they engage in trading activity and operate on a commercial basis to ensure financial sustainability. Any profit generated from the social enterprises goes back into supporting and enhancing the services.

Both enterprises are essential to children with disabilities and to people in the wider community who benefit greatly from the services they offer.

In 2021 St. Gabriel's opened a 6-bedroom Regional Children's Respite House located in Mungret that was designed and built to provide overnight and short-term respite to families of children with significant disabilities and complex medical needs.

St. Gabriel's provided serviced accommodation at its Dooradoyle campus for the CRC who provide a seating and assistive technology clinic to clients.

Our Mission

Our mission is to support people with disabilities to reach their full potential.

Our Values

Our values are reflected in the daily work we do and provide the basis of all our communication with people in our services.

St. Gabriel's Foundation

Children's Disability Network Team (CDNT) – Treehouse Team

The Treehouse CDNT is located at Springfield Drive, Dooradoyle. In 2023, the Treehouse team assessed 962 children and their families. Currently clinical therapy services are provided to children from 0-18 years. The CDNT's provide families with an Individual Family Service Plan (IFSP). This plan documents the needs of the individual child and sets out what services are needed to meet these needs. Once the plan is agreed the therapists, family and child work together to achieve these goals.

St. Gabriel's are now providing services to families closer to the Limerick/Cork border. As a direct response to the needs of these families an outreach premises was secured in Charleville in order to support families who are living near

the border area. Quite often families would need a large amount of time to travel in from the county bounds to Dooradoyle to make their appointments. For example, it could take a family travelling from Kilbeheny, Co. Limerick nearly 90 minutes to travel in for an appointment. After the appointment, they would have to make the same journey home. That could be 4-5 hours in total for just one appointment. They would also have to get childcare for their other children at extra cost to themselves. Regularly children were tired after such a journey, and this affected their therapy sessions. In consultation with parents, an outreach service was deemed the best course of action for accessing therapies. St. Gabriel's is always listening to the needs of our families and we are delighted to be able to facilitate this.

Children's Disability Network Team (CDNT) – South City

Following a review by the Mid-West Children's Disability Services of the requirements under the National Programme for Progressing Disability Services for Children and Young people (PDS), Children's Disability Network Teams (CDNT's) catchment areas were aligned with the 7 Community Healthcare Networks (CHN's). With six Children's Disability Network Teams already in existence and with this realignment, an additional Children's Disability Network Team had to be established. St Gabriel's Foundation successfully tendered to the HSE to be Lead Agency for the new additional Children's Disability Network Team. St Gabriel's

Foundation's second Clinical Team was established on the 10th January 2022 covering CHN 7 - South Limerick City. This team was now known as St Gabriel's Foundation South City CDNT.

A permanent base was sought and in 2023, St. Gabriel's acquired the Old Primary Schoolhouse in Southill. This building will be redeveloped to become a state of the art therapy facility for children and families in South Limerick.

In 2023, South City met with 432 children and their families.



We continue to work well with partners in the community utilising community hubs such as Southill Hub and Taite House. The Team are motivated, innovative and extremely family-centred, which lends itself so well to delivering the ethos St. Gabriel's was founded on.

A number of new service initiatives have been run by the Team since commencement:

- continue to offer all initial contact appointments in the home
- parent drop-in psychology clinics
- Sensory workshop with follow up 1:1 consultations
- Fussy eaters workshop with follow up 1:1 consultations
- Cycling workshops
- Other parent training: Early Bird, Hanen More than Words, Circle of Security, Sleep Tight, Toileting workshop

These initiatives provide a huge support to parents and enable the Team to get to know families better so we can build relationships with them and their children, all the while supporting them through their journey.

All clinicians are involved in further service development initiatives within St Gabriel's Foundation and also regionally across CHO 3. As we head into 2024, we are delighted that we have identified a permanent site for the new team in Southill.

The journey to date has been an exciting one. The caseload continues to grow at a rapid rate and St. Gabriel's continue to advocate for additional clinical resources to grow the clinical team in line with the caseload.

We are looking forward to the contribution we are making in the community and we will continue making a difference in 2024.

St. Gabriel's Orthotic Services

Orthotics is a branch of healthcare that deals with the provision and use of artificial devices such as splints and braces. Orthotics assist children and adults in daily clinics who present with a variety of physical difficulties arising from a number of physical conditions, some of which include; cerebral palsy, spina bifida, stroke, diabetes, and arthritis.

Orthotic devices are essential for enabling gait or alleviating pain in certain conditions.

The Orthotics Clinic is a social enterprise – this means it is an organisation whose core objective is to achieve a social, societal or environmental impact.

In 2023 St. Gabriel's Orthotics received funding from Rethink Ireland to develop a private Orthotics Clinic. This funding will fund a new look and feel for the private clinic which will remain in Dooradoyle and will also include the development of a new website where clients will be able to book directly. As experts in the field, St. Gabriel's Private Orthotics Clinic will be a leader in foot care solutions for people living in the Mid-West. St. Gabriel's also increased the number of private clinic clients that it saw and will be working on the development of the private client clinic as an additional source of revenue to ensure the sustainability of the Orthotics Clinic.

In 2023, the Orthotics clinic accommodated 4,500 appointments for children and adults across the Midwest. 80% of these appointments involved providing orthoses for children with significant needs where orthotic treatments assisted with gait, posture, prevention of joint contractures and reduction of scoliotic spinal curvature.

Being able to offer this service to people in the Mid-West is remarkable considering this service was only provided in Dublin up until 2008. All this is down to the vision of St. Gabriel's and their mission to get services on the doorstep for families, so families would not have to travel. To further support families St. Gabriel's has established Outreach Clinics to Children's Disability Network Teams in Tipperary and Clare.

St. Gabriel's Orthotics Clinic provides a world-class service led by Consultant Orthotist Declan Sweeney PhD, BSc (hons) P&O HCPC MIAPO. The team of 3 orthotists are supported by 2 administrators and an orthotics technician. They are experts in the field of Foot orthotics and Lower Limb Biomechanics, specialising in the children of children and adults.

In addition to the complex medical cases that the team works on through the HSE, St. Gabriel's specialises in the treatment of children and adults with Plantar Fasciitis, Heel Spurs, Sever's Disease, Morton's Neuroma, Metatarsalgia, Shin Splints, Runner's Knee, Sports-related injuries, Rheumatoid Arthritis, Tendinopathy, In-toeing/ Out-toeing and Ankle Sprains.

Having an on-site workshop means that the Orthotics team can provide a timely, bespoke service as we are able to alter our orthotics at the time of the fitting avoiding lengthy delays in receiving their custom-made orthotics.

2023 created many opportunities for the Orthotics department and with the funding pledged by Rethink Ireland, we will be in a great position to increase the service we currently provide so members of the public can avail of this expert service right on their doorstep.

We look forward to reporting on the exciting developments we will be making in the coming year.



St. Gabriel's Hydrotherapy Pool

St. Gabriel's Hydrotherapy Pool is the only facility of its size in the Mid-West. Families can come and have fun together. The pool is fully accessible and the temperature is always 33' which means it is perfect for children and adults with physical disabilities, people who need water based exercise for rehabilitation purposes.

The Hydrotherapy Pool is run as a social enterprise. A large portion of the pool revenue is generated by the Pool's public sessions and group rental income. This revenue covers the running costs such as the heating of the pool and staffing costs and any remainder goes into the service.

2023 saw the appointment of a Service Manager, Sandra Kelleher, who will be working on returning the Hydropool to it's pre-pandemic full operating capacity. Sandra will be working with staff members to ensure that the Hydropool can operate at capacity and that revenue is maximised. The demand for the service is growing and the aim is to start the year with a large offering of services to our families and the public.

Private groups such as Water Babies and MS Ireland are weekly visitors to the pool and the

number of private groups continues to increase, so many people can now avail of this world class therapy on their doorstep.

Specialist groups like Limerick Sports Partnership hire the pool and run their own groups too so the number of patrons is growing all the time. The social aspect that these groups offer is a big part of why these groups are so successful and important.

The hydrotherapy offers a pay as you go membership which is a great way for people to come on board and use it as they need it.

The Glofox app booking management system has made the booking system for the pool much more efficient by effective management of pool numbers. For example, a booking can be cancelled by an individual on the Glofox app and another client on the waiting list will automatically be allocated the slot in the pool thus minimizing any loss of income due to cancellations. The Hydrotherapy pool payment system is efficient and is less labour-intensive. It has also allowed for much more efficient communication with our clients.

The Hydrotherapy pool is always looking for funding opportunities in order to offset the huge running costs. Making the Hydrotherapy pool more sustainable is something that is at the forefront of the St. Gabriel's team and we look forward to working on that in the coming year.



St. Gabriel's School

Message from the Principal, Derek Cox

St. Gabriel's School provides a specialised education for students aged 4-18 years, who have a primary complex physical disability plus or minus complex medical needs. Primary aged students follow an adapted Primary Curriculum and our secondary aged students follow the Junior Cycle Schools Programme, leading to certifications. It is a wonderful place to work, to teach, to see joy in action.

The staff in St. Gabriel's School are dedicated to providing the necessary, bespoke, curriculum for every child that will cater to their individual needs and help them to flourish. Teachers and Special Needs Assistants (SNAs) work closely with parents and families to develop Individual Education Plans (IEPs) for each child. Each day the class teacher liaises with students' families to update them on what is happening in class and highlights the progress made by their child. There is never a day where nothing happens. It is always busy here at St. Gabriel's!

We are so fortunate that St. Gabriel's School has a dynamic team focusing on the areas of language and communication, numeracy, physical literacy and science. They also engage in the areas of digital literacy, life skills and positive behaviour, support and regulation. The classrooms are wonderful settings where children can engage and have fun.

There is always something happening and teachers run themed weeks throughout the year. Children get to experience Science Week, Space Week and Maths week and all students participate. The classrooms are alive with learning and it is fantastic to see it in action.

While it is limited, we try to get outdoors as much as possible so children can experience a range of learning and recreation and increase their sensory experience while at school. Unfortunately, the weather hampers our plans and we hope to fundraise for an outdoor space outside every classroom.

St. Gabriel's Hydrotherapy Pool is a big part of our school week and every class has swimming lessons and it is one of the most anticipated

activities every week. The emphasis is always on fun, but there are clear physical benefits in each session and the students thrive in the water. The power of water cannot be underestimated, and it is a great addition to our school week.

Students also regularly visit Liskennett Equine Therapy Centre where they engage in horse riding sessions.

We continue to maintain and develop links with 3rd level Institutions in Limerick. From Mary Immaculate College we have had trainee teachers and Child Psychology Doctoral Students. Students and teachers have also linked with The University of Limerick for community music projects and hosted music therapy students. All these third level students are benefiting and learning from our expertise and knowledge. For us these links enrich the learning experience for our students, they bring innovative ideas and new perspectives.

In July we delivered the in-school Summer Provision Programme to every student in the school. This is an important support for children and their families and it is a very important part of the School calendar.

We finished the academic year with a lovely tradition, "Picnic in the Park", as we welcomed students and families to come together safely in the ability playground in Mungret park. The theatre also came to the school. As part of the LimeTree's Bualadh Bos festival, Anna Newell brought her amazing show 'Sweet Dreams' and it created a magical setting for children to engage. It was wonderful to watch them in this setting and we look forward to more shows coming to Dooradoyle next year.

With our school, our families, our friends and the St. Gabriel's Foundation all supporting each other, St. Gabriel's School continues to develop and grow as it works hard to provide our inspirational students with a holistic child-centred education.

St. Gabriel's School is always looking for new ways to bring adventure and learning into the lives of the children with us everyday and they teach us lots of new things too!

Derek Cox
Principal

School Board of Management

Derek Cox - Principal

Mary O'Donovan - Chairperson

Treasa McAuliffe - Patron Representative

John Kiely - Teacher Representative

Laura Holland - Parent Representative

Michael Cregan - Parent Representative

Anne McMahon - Community Representative

Noel Earlie - Community Representative



St. Gabriel's Children's Respite House

For over 60 years, St. Gabriel's has always been to the forefront of change and advancement within Children's Disability Services and provides therapeutic interventions and support to people with disabilities across the Mid-West.

One of the greatest needs for many of our families is an out-of-home, nurse led, respite service for children with complex medical needs. Prior to the opening of St. Gabriel's Children's Respite House, the only service available to these children and their families was in Laura Lynn in Dublin.

St. Gabriel's now provides overnight nursing led care to up to 40 families in the Mid-West region. Respite House in Mungret to the relief of families. This beautifully designed six-bedroomed facility has meant that each night 6 children with complex medical needs can attend the nurse-led respite service.

Families now feel secure leaving their children overnight in the confidence that all their care needs are met. It was always the intention that going to respite would be like going on a playdate for a fun, interactive stay that siblings would be jealous of. Having this service is a life-line for their entire family. Staff partake in activities with the children that they might not normally get to do at home. In turn, families are able to spend time with their other children doing everyday things that they don't always get a chance to do, like homework or watching a movie. Respite is for the entire family and every member of the family benefits.

2023 was a very busy year for the Respite House and all the children attending.

As stay at the Respite is a stay full of fun. Children get to do activities they would like to do. There are cinema trips, baking, swimming, horse riding and sometimes it's plain old chilling.

The staff are absolutely wonderful with the children and we are so lucky to have the team we do.

Feedback from our parents is vital to the effective running of the service and we always listen and try to do our very best to meet the needs of families.

Music therapist Jason Noone has been a big hit with the children and every child loves getting involved. This is a much loved activity and very suited to the children who were able to interact with Jason and the instruments in the familiar respite environment. The floor was scattered with bean bags, children, instruments and Jason. It was so engaging and brought such joy.

Santa and Mrs Claus came to work their magic in December and the Respite House was transformed into a Winter Wonderland. There was a beautiful gathering of singers. There was music to dance to, home baking to nibble on and hot chocolate to keep warm.

We have secured funding from various bodies to enhance the experiences at the Respite House and finally have enough funding for our very own sensory garden at the Mungret site and this will be completed early in 2024. We cannot wait!

St. Gabriel's continues to work in partnership with parents, the HSE and other agencies in the Mid-West to ensure that all needs continue to be met as the child grows. This year a few children aged out of the service and we will be so sorry to see them go. We absolutely loved having them here.

The support of this wonderful community is appreciated by all here. Roll on 2024!



Governance and Management

St. Gabriel's was originally called Limerick Handicapped Children's Committee when it was established in 1961. The organisation was re-registered in 1990 and became known as St. Gabriel's School & Centre. In 2021, St. Gabriel's School & Centre changed its name to St. Gabriel's Foundation to reflect the growth of the organisation.

The company is exempt from using the word 'Limited' under section 1180 of the Companies Act 2014. St. Gabriel's School and Centre is a Company Limited by Guarantee (CLG) not having a shared capital. It is a registered Charity (CHY No. 5548) which indicates its charity tax exemption status and is registered with the Companies Registry Office (No. 23946). St. Gabriel's is registered with the Irish Charities Regulator (No. 20008536).

At the end of 2021 the Board reviewed and updated the Charities Governance Code Compliance Record for the Charities Regulator. The Board is the governing body and members serve on a voluntary basis; they receive no remuneration. They are responsible for the organisation's activities and strategic direction.

St. Gabriel's operate under the leadership of the Chief Executive Officer Treasa McAuliffe who oversees the day-to-day management of the organisation and she reports to the Board of Directors.

As stewards of public funding and public donations, St. Gabriel's is very cognisant of the need for good, strong governance. The Board of Directors of St. Gabriel's work to the standards as set out by the National Governance Code and strive for an effective and efficiently run organisation.

In 2023 St. Gabriel's received its Triple Lock Certification from the Charities Institute of Ireland, which recognises organisations who have taken the necessary controls in the areas

of annual and financial reporting, ethical fundraising and good governance. St. Gabriel's fully complies and adheres to the guidelines as set out by the Charity Regulator.

St. Gabriel's continuously works with local and national agencies and government bodies to improve the policies and procedures that intertwine the organisation. St. Gabriel's is affiliated to all relevant local and national bodies in order to ensure that we continue to learn, continue to improve and continue to adhere to best practice.

St. Gabriel's continuously adheres to best practice in General Data Protection Regulation.

St. Gabriel's has a duty of care to all the stakeholders and works to meet national standards including HIQA, CORU and the INMO to name but a few.

Effective governance is at the heart of St. Gabriel's and comes from the top-down, permeating the entire organisation.

Monitoring and Evaluation of Strategic Plan 2023-2028

At St. Gabriels, we are always thinking about what we can do to help with the resources available to us. St. Gabriel's is now looking forward to seeing what accomplishments will be made in the next 5 years. With strong leadership from a very engaged Board of Directors and an invested staff who strive to make a difference level, we hope that we can continue to meet the needs of the families we work with every day so that their lives improve for the better. We are one year into our strategic plan and it is heartening to see that action has been taken on a large number of points. We can't wait to see more of these wonderful projects being delivered for St. Gabriel's.

Board of Directors



Richard Leonard (Chair)

Partner-in-Charge Grant Thornton, Limerick (Retired), Company Director Chair of St. Gabriel's Foundation Board of Directors.



Alan Carey

Alan is a Managing Partner with Bridgewater, Consultancy Group, Limerick. An experienced strategist, he fulfils the roles of Senior Business Consultant, Business Architect & Business/Corporate Analyst. Alan has over 20 years' experience in delivering business strategies, transformation and organisational change programmes.



Dr Siobhan Gallagher

Consultant Paediatrician at University Hospital Limerick and the HSE Mid-West Children's Services. Dr Gallagher's main clinical interests are the management of children with significant neurological impairment, complex medical needs and paediatric palliative care. Outside of work she is an enthusiastic runner and is keen on art history.



Mary O'Donovan

Having graduated with a B.E (Elec) from UCC and an M.B.A from UCG, Mary O'Donovan has held a number of senior leadership positions including Customer Service Director, Chief Information Officer, Chief Operating Officer and General Manager. More recently she has worked as a consultant providing services to the Telephony, Utility and Health Sector. She is a Chartered Director and is currently a non-executive Director and member of the Audit and Risk Committees at An Post, T.I.I and the R.T.B.



Pat Murphy (Treasurer)

Chartered Accountant



Laura Keane

Laura is Managing Director of Resilience Care with overall responsibility for the strategic direction and management of the organisation. She has 30 years' experience in the health and social care sector as a clinician and then progressing into executive management, working across the voluntary and private sectors. Laura is also a member of the Professional Providers and Caregivers Board of IPWSO (International Prader Willi Syndrome Organisation).



Stephen Keogh

Stephen Keogh is a solicitor and is the Managing Partner of the leading regional Irish Law Firm, Keating Connolly Sellors Solicitors. As well as providing leadership for the firm, Stephen maintains key responsibility for the commercial advisory to clients. Stephen is the current President of the Shannon Chamber of Commerce and he is a member of the Economic Policy Committee of Limerick Chamber of Commerce.



Eugene Hogan

Eugene Hogan is a Managing Director in Ireland with Global CEO Advisory firm Teneo. He joined Teneo in 2020 when it acquired Bridge PR, a boutique strategic communications and digital agency founded by Eugene in the Mid-West in 2011. Eugene, in his time with Bridge PR and Teneo, manages a portfolio of clients operating nationally and internationally in sectors such as technology, transport, environment, local government, real estate, healthcare, tourism, education, sports, NGO and financial.



David O'Malley

B.Eng Civil (Hons), MIEI.

David has been practicing as a Consulting Engineer since 2007. David has experience in Structural Engineering, Civil Engineering, Planning Authority/Local Authority, Fire Certification, Noise & Vibration Assessment, Asset Survey/Taking In Charge, Road Safety Audits, Project Management.

Fundraising Thank you for giving

"I alone cannot change the world, but I can cast a stone across the water to create many ripples."

— MOTHER TERESA

If you thought about trying to help the entire world, where would you start? If you help people, one at a time, you'll make a difference to many.

St. Gabriel's is so lucky to have so many supporters. Year after year volunteers take on the job of running amazing events that raise much-needed funds for St. Gabriel's.

After spending the Springtime writing grant applications and planning, the summer started a season of public events.

The May Bank Holiday saw runners take to the streets of Limerick for the Great Limerick Run. It was great to see the St. Gabriel's t-shirts in the crowd knowing they were all running or walking for someone dear to them.

In May we won two national Irish Health Care Centre Awards. This was especially fitting as we had campaigned for so long to bring the service to Limerick. Prior to this families had to travel to Dublin for overnight nursing-led respite care.

Later on in the month golfers took to the lush fairways of Limerick Golf Club to take part in the annual Golf Classic. This is a long-standing event run by brilliant committee members Terry McInerney, Claire McGuigan, Pat Murphy and Bernard Quinlan.

Adare was the setting for the annual Ladies Summer lunch. 200 ladies turned out in support of St. Gabriel's. Again, a very hard-working committee of Agnes Bouchier-Hayes, Rita Geary and Lucia Randles helped to raise thousands of euro for St. Gabriel's.

St. Gabriel's Hydrotherapy Pool was shortlisted for a National Lottery Sport Award. While we did not win the category we were delighted with the promotion and recognition that the pool deserves.

Successful grant applications were received from the Late Late Toy Show Appeal, Bank of Ireland Begin Together Funding and Rethink Ireland to name but a few. This funding helps us to fund bigger programmes as we know we will be able to deliver them with this level of funding.

A group took the plunge for St. Gabriel's and abseiled off the side of Thomond Park. So many faced their fears for St. Gabriel's and it was exhilarating watching them tick something special off their bucket list.

Corporate support meant that companies like DELL and Northern Trust came in and painted places that were in desperate need of being painted. The Hospital Saturday Fund funded a new hoist for the Hydrotherapy Pool.

To round off the year, Cormac Hayes lit up West Limerick and Kiernan Steel ran a duck race on the River Shannon.

It was a busy year full of fun, love and incredible support for St. Gabriel's.

To everyone who supported us in any way – thank you.

We simply cannot do what we do without you.

Our Year, in Pictures



This brave group of abseilers took to the top of Thomond Park and scaled down 125ft in aid of St. Gabriel's Foundation. Thousands of euros were raised for the Foundation with this groups amazing fundraising efforts.



Kate Finucane meeting with Fiona Cox from Limerick and District Credit Union, avid supporters of St. Gabriel's Foundation.



Kate Maher can be seen here smiling after winning her giant easter bunny which was so kindly donated to the Children's Respite House by Mark O'Shaughnessy of Lindt Ireland.



Kate Finucane and Treasa McAuliffe accepting a generous donation from JJ and Sharon O'Brien of Limerick-based, family run business, OBW Technologies.



We were delighted to have the support of the Hospital Saturday Fund who donated a new hoist for the Hydro-therapy pool. This allows wheelchair users to be safely lowered into the water.



The team from Northern Trust came and showed their support at the Children's Respite House.



Great excitement was to be seen at Ballyneety Golf Club for the annual 'White Cup' which saw over €2,000 raised for St. Gabriel's Foundation.



Ray D'Arcy was delighted to learn about the work of St. Gabriel's when we met him down by the Respite House.



Hundreds of people gathered at Kiernan Steel's site to show their support for the Duck Race fundraiser they held for St. Gabriel's Foundation.



Daniel Moynihan and the team at Moynihan's Gala Adare showed their support for St. Gabriel's Foundation through the Inver Leading Lights Campaign.



We received some amazing support from Stephen and the team at Lucky Clover Bingo who raised €2,000 for St. Gabriel's Foundation.



The Hayes Christmas Lights display raised over €5,000 for St. Gabriel's Foundation. Here Kate Finucane accepts the donation from Cormac Hayes.

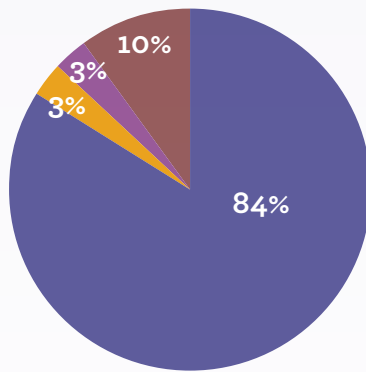
Financial

St. Gabriel's is funded by the Health Service Executive (HSE) through Section 39 Grant funding. Fundraising, donations and grant submissions helped to offset operational costs and support the cost of new projects.

St. Gabriel's Hydrotherapy Pool and Orthotics Department are financially managed using a social enterprise model and funds generated are invested in maintaining and expanding services.

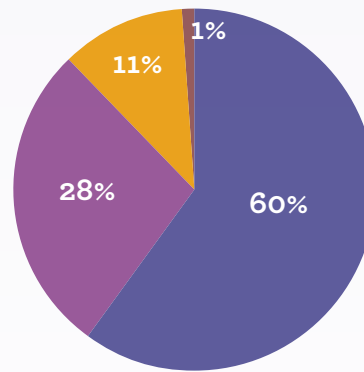
St. Gabriel's annual Service Level Agreement with the HSE was signed in May 2023.

Income 2023



Income 2023	€	%
Statutory Funding	€5,762,093	84%
Fundraising	€193,453	3%
Grants & Philanthropy	€198,882	3%
Commercial Activity	€679,349	10%
Other	€4,421	0%
Total	€6,838,198	100%

Expenditure 2023



Expenditure 2023	€	%
Employment	€4,311,546	60%
Operational	€2,030,452	28%
Commercial Activities	€790,704	11%
Generating Funds	€32,837	1%
Total	€7,165,539	100%

To view St. Gabriel's Audited Accounts for 2023 please visit our website - www.stgabriels.ie

St. Gabriel's Organisation Chart 2023



Reference and Administrative Details

Name: St. Gabriel's Foundation
(Formerly St. Gabriel's School & Centre)
Limited by Guarantee (CLG)
Registered Office: Crabtree House, Springfield
Drive, Dooradoyle, Limerick, V94 VY9Y
Company Registration No. 23946
Revenue Charity No. CHY5548
Charities Regulatory No. 20008536
Principal Bankers: Bank of Ireland,
125 O'Connell St, Limerick

Vetting

St. Gabriel's is fully compliant with the obligation of the National Vetting Bureau (Children and Vulnerable Adults) Act, 2012 which commenced in April 2016. St. Gabriel's applies Child Protection policies, which are based on the Children First Act 2015 and Children First Guidelines 2017, and best practice recruitment policies and procedures.

Accounting Records

The Board believe that they have complied with the requirements of Section 281 to 285 of the Companies Act, 2014 with regard to accounting records by employing personnel with appropriate expertise and by providing adequate resources to the financial function. The accounting records of St. Gabriel's are maintained at Crabtree House, Springfield Drive, Dooradoyle, Limerick.

Lobbying and Political Contributions

There were no political contributions in 2023 and as a result no disclosures are required under the Electoral Act, 1997.

As required under the Regulation of Lobbying Act 2015, St. Gabriel's records all lobbying activity and communications engaged in with the Designated Public Officials (DPOs). It has made all the returns and submissions required by the Act.

Post Balance Sheet Events

There have been no events subsequent to the year-end that require any adjustment to or additional disclosure in the 2023 financial statements.

Tax Clearance

St. Gabriel's complies with Circular 44/2006 "Tax Clearance Procedures Grants, Subsidies and Similar Type Payments" by providing its tax clearance access number to grant providers when requested.

Auditor

The Auditor, Moore Stephens Patrick McNamara, has agreed to continue in office under Section 383(2) of the Companies Act, 2014. A resolution proposing their reappointment was put to the Annual General Meeting on 5th September 2023.

Triple Lock Status

St. Gabriel's Foundation adheres to the guidelines as set out by the Charity Regulator and achieved Triple Lock Status from the Charities Institute of Ireland in 2023.





**St. Gabriel's
Foundation**

Contact us

St. Gabriel's Foundation,
Springfield Drive, Dooradoyle, Limerick.
V94 VY9Y

T: +353 61 302733 *E:* info@stgabriels.ie
www.stgabriels.ie

