

St. Gabriel's Oak Tree Gift Card



St. Gabriel's Oak Trees are planted in Glenstal Abbey, Murroe, Co. Limerick. The Coillte planted forest is a beautiful symbol of love that makes an ideal gift in memory of a loved one.

It's also a beautiful way to mark a birthday, anniversary or just a lovely way to say 'Thank you'.

Please contact Kate in Fundraising on 061 302 733 or email kfnucane@stgabriels.ie

St. Gabriel's Foundation
Save the Date
Friday 9th SEPTEMBER
BOOK IT IN!

The perfect Corporate Day Out!

ANNUAL GOLF CLASSIC

AT LIMERICK GOLF CLUB

Supporting the work of St. Gabriel's Foundation through
Clinical Therapies | Education | Orthotics | Hydrotherapy | Respite

TEAMS OF 4 €100 PER PLAYER. | WHS RULES WILL APPLY | ENTRY INCLUDES MEAL | GREAT PRIZES TO BE WON | *We will win!* THE PERPETUAL PUNCH BOWL TROPHY

Register your interest:
Kate Finucane T: 086 4401078 E: kfnucane@stgabriels.ie
or Terry McInerney T: 086 6026132 E: tmcinerney24@gmail.com
www.stgabriels.ie



Help St. Gabriel's plan for the future...

Your monthly donation will allow St. Gabriel's to do more.

Please complete this form instructing your bank/building society to make payments directly from your account.

I would like to give a monthly gift of: €

Commencing on: (please enter date: ___ / ___ / ___)

Amount in words:

Bank / Building Society Name & Address:

IBAN:

BIC:

Your a/c number and sort code have been replaced by your IBAN & BIC numbers. You can find these on your bank statement or visit IBANcalculator.com

Name of Account Holder(s):

Instructions to your Bank/Building Society

Please pay the monthly amount to the a/c of:

St. Gabriel's Foundation, Limerick.

BIC: BOFIIE2D

IBAN: IE35 BOFI 904181 48178190

Account Holder's Signature(s):

To start your standing order donation, please cut out this form and bring it to your local banking branch. If you would like to know more about monthly giving, please contact Kate Finucane at kfnucane@stgabriels.ie

GIVE A MONTHLY GIFT

ST. GABRIEL'S NEED YOU!

CALLING ALL COMPANIES, SCHOOLS & COMMUNITY GROUPS

COMPANIES	SCHOOLS	COMMUNITY GROUPS
<ul style="list-style-type: none"> ✓ Fulfil CSR obligations ✓ Sponsor a specific project ✓ Boost staff morale 	<ul style="list-style-type: none"> ✓ Organise a class fundraiser (colours day, Funky Friday, Holy Communion, Confirmation) ✓ Get a speaker to come to your school 	<ul style="list-style-type: none"> ✓ Support St. Gabriel's in your community ✓ Host a Coffee Morning ✓ Organise a sponsored walk

Learn about supporting St. Gabriel's Foundation.
For ways we can work together, please contact Kate in Fundraising on 061 302733 or email kfnucane@stgabriels.ie



St. Gabriel's South City Children's Disability Network Team

www.stgabriels.ie

Watch out for our windows on Parnell Street!

CONTACT US

<p>Treehouse Team Springfield Drive Dooradoyle, Limerick V94 VY9Y 061 302733</p>	<p>South City Team Parnell Street Limerick V94 D378 086 108 1813</p>	<p>St. Gabriel's School Springfield Drive Dooradoyle, Limerick V94VY9Y 061 302733</p>	<p>St. Gabriel's Respite House Mungret, Co. Limerick V94 59R9 061 302642</p>	<p>Orthotics Clinic Springfield Drive Dooradoyle, Limerick V94VY9Y 061 302733</p>	<p>Hydrotherapy Pool Springfield Drive Dooradoyle, Limerick V94VY9Y 061 302733</p>
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www.stgabriels.ie | info@stgabriels.ie
Registered Charity (CHY) No: 5548

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St. Gabriel's Foundation

GOOD FOUNDATIONS

Newsletter

Spring / Summer 2022



MESSAGE FROM TRESA MCAULIFFE, CHIEF EXECUTIVE



Tresa McAuliffe is the new CEO of St. Gabriel's Foundation. She took up the role in December.

There have been some changes in the organisation in the last few months. In December last year, I was appointed as Chief Executive. I am delighted and honoured to have been trusted with the role of bringing the Foundation into a period where there is a huge focus on improving access to services for families nationally.

I would like to thank my predecessor Máire O'Leary, who gave over 30 years of service to the role and oversaw the development of the organisation from a single building in the city centre to the multi-campus foundation it is today.

I began my career at St. Gabriel's 20 years ago as a physiotherapist and worked as the Children's Disability Network Teams Manager before taking on this new role. The whole ethos of St. Gabriel's is to support children and their families to maximise the potential of children with additional complex needs. It is a very special place to work and I am encouraged by the great team of people working with me to navigate this landmark period in disability services.

With the Respite House officially opened last year, followed by the establishment of a second Children's Disability Network Team, based in Parnell Street, Limerick, and the development of an outreach clinic in Charleville, the services offered at St. Gabriel's continue to grow. The Respite House has funding for 5 out of 7 nights and we have been promised additional funding to open for 7 nights. Once that funding comes through, we will be able to offer more support to families.

We know how generous the local community have been and St. Gabriel's is very grateful for the state funding we receive but it's just not enough to support the level of care we want to provide. Donations from local community and corporate groups help to enhance the services. St. Gabriel's welcomes support from businesses and individuals in the local community. Every single donation makes a difference.

If you would like to get involved in some way, please contact Kate in our fundraising department on 061 302733.

I hope that the newsletter gives you an idea of all the wonderful work that is being done here at the organisation and I hope to share even more with you in the next one.

Best regards,

Tresa McAuliffe

Tresa McAuliffe, CEO



Pictured at the opening of the Respite House was Anne Rabbitte, TD, Minister of State for Disabilities, with children from St. Gabriel's.

OPENING OF THE RESPITE HOUSE

In case you missed it, the official opening of St. Gabriel's Children's Respite House took place on 22nd October 2021 in Mungret, Co. Limerick by Minister of State for Disabilities, Anne Rabbitte, TD. It was a truly wonderful occasion to see something that was fundraised so hard for, eventually open. Thank you to everyone who supported this project.

The new regional overnight and short-term respite care service is offered as part of our existing range of high-quality services for children with disabilities and complex medical needs. The Respite House is funded for 5 out of 7 nights and we hope to secure additional funding to bring it to 7 nights this year. St. Gabriel's respite service is the first of its type in the region offering respite care outside of the family home.

Located at Mungret, the beautifully designed and purpose-built 6-bedroom children's respite house is fitted out to the highest standard with medical and specialised equipment to support the needs of children with exceptionally complex conditions.

Many infants and children are diagnosed with long-term illnesses that impose serious limitations on their well-being and course of life. They are a very vulnerable group of children with the utmost medical and nursing needs, many of whom require 24-hour care. Consequently parents and families face many challenges, so when developing this new respite service our focus was to provide appropriate medical or nursing care for children with such complex needs.

Respite is considered central to quality of life. It can be an opportunity for families to do things that they wouldn't normally get to do like homework or watching a movie.

These short breaks are critical when it comes to maintaining the family unit and general well-being and are a life-line to families.

Our dedicated team at St Gabriel's Respite House create a loving and caring environment to ensure that each child's individual needs are met during their stay.

IT'S A HIVE OF ACTIVITY AT THE RESPITE HOUSE. HERE'S WHAT'S BEEN HAPPENING...

Going Green for St. Patrick's Day



To celebrate St Patrick day in style Kate Maher and Brian Ryan Cregan went to Castleconnell to see the parade. The village was buzzing and the children loved the atmosphere. It was great to see.



Michael Smith and Stephen Curtin dressed up in green to celebrate St. Patrick's day and took a trip to Mungret Park taking in the warm sunny weather.



Yum!



Michael Smith and Kate Maher got their baking hats on and with assistance of staff nurse Steph, made mouthwatering cupcakes!



Staff nurse Steph is an amazing baker and she is sharing her great skills across the Respite house too. Dylan Tierney and Kate Maher were having a bake-off day with Steph and baked 2 loaves of apple and cinnamon and banana and walnut bread. It was shared between all working on the day and it was delicious!

The new sensory room at the Respite House is nearly finished and we will have a full report in the next newsletter. It is going to be an absolutely amazing experience for the children to enjoy.

Tadhg Normile and Stephen Curtin went on a road trip to Dromineer. They were assisted by staff nurse Steph and HCA Sophie while going for a stroll around this Irish summer holiday spot. No pictures were taken on the day but great memories and emotions were gained.

Birthday Celebrations!



James Carroll recently celebrated his 7th birthday. Staff at the Respite House provided an amazing cake and a musical keyboard. James loves musical toys and was delighted.

SHARE THE LOVE FOR ST. GABRIEL'S

Legato Health

Could you & your company support us



Pictured at the cheque presentation were from L to R: John Shaw, Country Manager, Legato Health Technologies, Kate Finucane, St. Gabriel's Foundation and Paul Hackett, Head of Finance & Procurement, Legato Health Technologies.

St. Gabriel's Foundation is hugely grateful to Legato Health Technologies for their recent corporate donation. John Shaw, Country Head, Legato Health Technologies said:

"Legato Health Technologies is committed to the healthcare sector through the services we provide, and we believe in the work St. Gabriel's Foundation is doing. Providing services to families from the beginning of their journey and supporting children as they grow, helping them to realise their potential along the way, is something we are proud to be connected with."

From everyone at St. Gabriel's Foundation - "Thank you!"

Educate Together

Could you get your school involved?



Pictured are students Rhian and Isabelle making the cheque presentation to Treasa McAuliffe CEO and Aileen Ryan, St. Gabriel's.

Limerick Educate Together School in Limerick really got in to the spirit of Christmas and raised €1,000 for St. Gabriel's through the sale of Late Late Toy Show bags. An amazing effort. Thank you to everyone who supported the fundraising effort.

Hayes Christmas Lights

Could you organise a fundraiser?



Pictured are Treasa McAuliffe, CEO, St. Gabriel's Foundation, Laura Enright, St. Gabriel's Respite House, Mrs. Hayes & Cormac Hayes.

We were delighted to meet Cormac and Mrs. Hayes at St. Gabriel's Foundation Respite House to accept a cheque for €5,667, proceeds from the enormous efforts of the Hayes Christmas Lights. Anyone that visited the Hayes home this Christmas is sure to agree that the show they put on this year was a joy to behold.

To Cormac, Mrs. Hayes and every single person who supported the appeal, thank you from everyone at St. Gabriel's Foundation.

Plans are already underway to make Christmas 2022 even better! Although we are not quite sure how you'll top it!

Lilly Kelly Ryan

Could you organise a fundraiser?



Pictured are Lily, Niamh & Dave

We welcomed Lily, Niamh and Dave to the Respite House as they donated the proceeds from their Christmas raffle. Friends, family and the local community in West Limerick came out in force to raise €550 for St. Gabriel's. Thank you for the huge effort you went to. There was a lot of baking and a lot of ticket selling but the result was a lot of happy children at the Respite House. Thank you to everyone who supported the trio in their fundraising efforts.

Richard O'Donoghue



Pictured: Treasa McAuliffe, CEO and Kate Finucane, Fundraising, recently met with Independent TD, Richard O'Donoghue at his constituency office in Kilmallock.

We asked and Richard answered.

"St. Gabriel's Foundation is very grateful to Richard and his staff for granting us the temporary use of one of his rooms while we move to a permanent premises in the area. His building is an old doctor's surgery and the room is an ideal solution for families living in county Limerick, so they don't have to make a lengthy journey to avail of their essential therapy services." Treasa McAuliffe, CEO.

Being the helpful man that he is, Richard was only too happy to oblige. *"All I had to do was move a table and now this space has helped many families. The building has wheelchair access and parking out the front, so it's easy for families to come here. St. Gabriel's Foundation is doing great work and I know first-hand from families in the constituency that the work they do has a big impact."* Richard O'Donoghue TD.

Thank you Richard, from the team at St. Gabriel's and from all the families you have helped.

Seakel Fire & Security

Could you be a corporate sponsor?



Pictured are Creena O'Connor, Seakel Fire & Security and Kate Finucane, St. Gabriel's.

Great to meet Creena O'Connor from long-time supporters Seakel Fire & Security, Patrickswell, who recently made a donation to St. Gabriel's Foundation. We are very grateful for the corporate support from the local community.

St. Gabriel's Foundation On-Line



Dr. Maria Gomes supported by Fiona Woods and Patrick Hynes, participated in a national webinar hosted by the National Health and Social Care Professions Office (HSCP) entitled Leadership in Practice during Covid 19: Service User Empowerment.

Maria joined an expert panel including Jackie Reed, HSE, Paul Maher, Occupational Therapist, Coolock Community Mental Health Team and Sinead Keogh, Service User and highlighted the successful parents programme that is in place to support families whose child has received a diagnosis of ASD. Representing the team at St. Gabriel's, Maria highlighted that constant feedback from parents and young adults enables the team to continue to improve the programme.

The programme also features in the HSCP Deliver Booklet; A Strategic Guidance Framework for Health and Social Care Professions 2021-2025 as an example of HSCP practice.

Thank you for your service...



Pictured at the opening of the Respite House are Gerard O'Shea, Board Member (2nd from left) and Maire O'Leary (3rd from left).

Kate Sheahan has retired from the Fundraising Department.

St. Gabriel's would like to thank Marie O'Leary, CEO, Kate Sheahan, Fundraising and Gerard O'Shea, Board Member most sincerely for their dedicated service to St. Gabriel's Foundation.

Their commitment to the development of the service was truly something special.

They changed so much for so many and they can be very proud of the wonderful legacy they have left behind. With every good wish for the next chapter in your lives.

"May you be proud of the work you have done, the person you are and the difference you have made."

Junk Kouture



Bluebell Class from St. Gabriel's School made it to the regional finals of the Bank of Ireland Secondary School competition "Junk Kouture".

There was a lot of tracing, cutting, spray painting and sticking, not to mention all the effort and love that went into this year's entry, "Cereal Killer".

An amazing production by all involved. Huge congratulations on getting to the regional finals.

Bank of Ireland Junk Kouture is a national competition for secondary school students which takes elements such as fashion, design, engineering, and environmental sustainability and transforms them into a creative contest like no other. Over the last few years, Bank of Ireland Junk Kouture has already captivated over 24,000 students, 7,000 teachers and 100,000 audience members. The competition inspires young designers in second level education to use everyday junk materials to create striking works of wearable art, the competition calls on all budding fashionistas to see if they have what it takes to be crowned King or Queen of the upcycled catwalk.



Consider leaving a gift to St. Gabriel's in your will...

For further information on how your legacy can live on contact CEO Treasa McAuliffe on 061 302733 or tmcauliffe@stgabriels.ie

